

SevernSide Friday Ambles

August - September - October 2010

Date	Venue	Depart time	Walk Length /Time	Map	Distance / Suggested Donation	Leader or Contact
Friday 13 Aug	Go to Blaises(!) & Sea Mills: Easy walk, Hazel Brook, River Trym, Avon Banks to Shire Golf Course and good workout return via Kings Weston Hill.	9.30	2 hrs	Exp 155	10 miles 80p	Martin 07786 609940 New Leader
Friday 27 Aug	Wonders of Wick: Golden Valley Nature Reserve. Paths & fields. Steep incline to spectacular views. NOTE: Please do not be put off by this – there is an alternative route up. The alternative is obviously up hill but maybe not as difficult as the main route. You will all be able to cope with one of the routes!	9.30	2 hrs	Exp 155	23 miles £1.84	Chris 01454 618853
Friday 10 Sept	Yate Rocks: Relatively flat walk – fields, minor roads and woodland. Some stiles and small hills.	9.30	2 hrs	Exp 167	18 miles £1.44	Jean 01454 419274
Friday 24 Sept	Old Down: Varied walk – minor roads, footpaths in fields and woodland. Some stiles and small hills.	9.30	2 hrs	Exp 167	16 miles £1.28	Chris 01454 618853 07895 387164
Friday 8 Oct	Snuff Mills & Frome Valley: Gentle walk via Frenchay and Hambrook. Community Forest Path to Duchess's Estate.	9.30	2.5 hrs	Exp 155	4 miles 32p	Martin 07786 609940 New Leader
Friday 22 Oct	Leigh Woods & River Avon: Through ancient woodland to a path along the bank of the River Avon. One fairly steep climb and 2 stiles. Dogs on leads welcome.	9.30	2.5 hrs	Exp 154	25 miles £2.00	Jean 01454 419274

Friday Ambles: A morning sociable stroll for about 2 hrs within easy driving distance. Lifts available. Usually optional pub or café stop at end. All welcome.

Meeting point for all walks. Unless otherwise stated is the Aldi car park, Brook Way, Bradley Stoke, BS32 9DA. Served by CityLine service 73 - please check times. Alight at Bradley Stoke Surgery. We operate a car-share policy: drivers appreciate a donation towards running costs - suggested amount for this programme is 8p per mile. A suggested donation for each walk is given in the programme.

Times given are departure times from meeting point.